

THE QUEST FOR HARMONY: The Quadrangle - Landing Strip of the Angels

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The quadrangle is the area formed by the lines of heart and head and is referred to as the landing strip of the angels (Fig. A). When the lines of heart and head are equally long and round, there exists a harmony between the way we feel and think. We are neither overly emotional, which can cloud our perception, nor overly rational, which can inhibit our spontaneity of expression.

When the heart line curves down towards the line of head it closes the entrance to the quadrangle. This shows that instead of trusting our mind and emotions, we over rationalize and question. We find it difficult to let go and allow for a spontaneous unbiased expression of our feelings.

The head line shows how we think. Its ideal formation shows that we are objective in our decision making abilities. When the head line is short in relation to the heart line, it indicates that our desire to be spontaneous and open to others (long heart line) can be hindered. We

question our initial impulse to give due to our feelings of insecurity (short head line), and may instead conclude that in giving, we are losing.

The individual with this formation would be advised to *cast their bread upon the water*, for what is truly given or shared with a good heart without expectation opens the consciousness to the limitless potentials of the universal intelligence. We should learn to recognize that what we guard so preciously as a result of our subjective thinking, in fact only delays our prosperity. We should try listening to the quiet urgings of our intuition, and then act upon these impulses. In time the head line will grow, balancing the quadrangle in the process.

The quadrangle can also be imbalanced due to a long head line and shorter heart. In this case, we must learn to empathize with the needs of others in the process of realizing our goals. We can be overly matter of fact and rational, out of touch with our feelings

Another formation is the simian line. It occurs when the lines of heart and head combine to form a single line. In our experience we have found many talented individuals with this line

Simian line



formation. One client completed a Ph.D. in physics and math. Another channeled all her energy into writing a best seller.

The challenge with the simian line is that we can make our lives difficult. When the quadrangle is missing altogether, we can feel driven, yet with focus we can achieve the impossible. If undirected, however, we can be unpredictable with all our pent-up energy. With this formation it is important that we develop deep lines of destiny (relating to work) and sun (success) in order that our intensity may be channeled and creatively used.

In conclusion, the lines of the hand change over time in direct response to our awareness and effort. The downward curving heart line can fade as a new offshoot from the heart line extends upward. The short heart or head line can grow depending on whichever is creating the imbalance in the quadrangle. If we have a simian line we can develop a destiny line to channel our energy. Yoga exercises, including breathing techniques and meditation would help accelerate the transformation process. Follow-up hand prints would be advisable to monitor and support our efforts towards making these changes.

The Author

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