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“Heart of My Heart” How to Attract a Positive Relationship

Valentine’s Day is a time of magic, hope and promise. It is a day that reminds us that love might indeed conquer all. One of the questions most frequently encountered by a Palmist is regarding love. Can palmistry offer any help for an individual who is searching for love?

A great saint once said, “Nothing is too good for a child of God” and the Bible tells us, “ask and ye shall receive.” Yet with all these promises why do we have such a difficult time finding love and, once it is found, why is it so hard to keep? The answer lies in our perception.

Esoteric palmistry refers to the presence of two forces within us: *Shiva* which is male and represents our reasoning faculties and *Shakti*, the female, expressing feelings. When these two forces are balanced, an equilibrium is created, which allows one to perceive correctly.

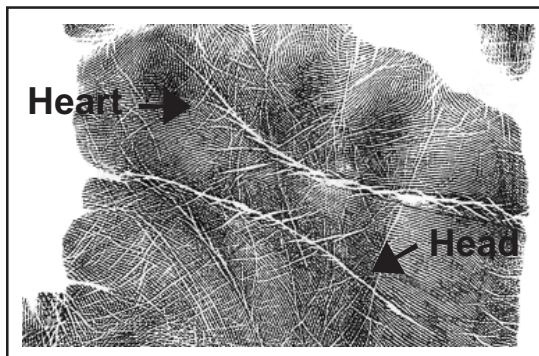


Figure A
Balanced Heart and
Head lines.

The balance of *shiva* and *shakti* can be determined in many places in the hand. One of the most significant of these is the shape of the quadrangle found in the center of the hand formed by the lines of head and heart. When these lines are equal and separate, they form a balanced quadrangle.

The heartline reflects our capacity to feel while the headline determines our reasoning faculties. Balanced together they reflect that a strong foundation has been laid from which an individual is capable of

expressing love in a serious and profound manner. The individual is neither overly emotional, which clouds the perception, nor overly rational, which can inhibit spontaneous expression. Problems arise when the quadrangle is imbalanced by either too much or too little heart or head. Oftentimes we attract out of that imbalance.

In the hand there are many combinations of head and heart formations. In order to help you identify a balanced quadrangle, note the harmonious interaction of the head and heart lines in Figure A. The lines of heart and head are equal in length which reflects that an expansion of consciousness has taken place and that an equilibrium exists between the person’s sentiments and reasoning.

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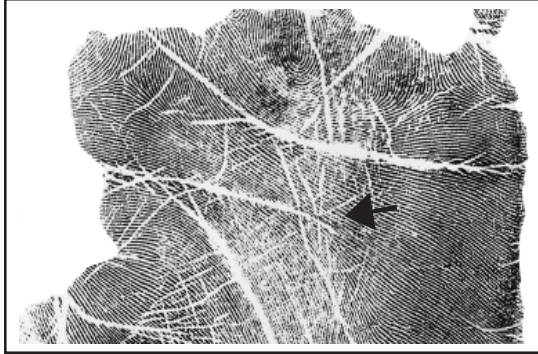


Figure B

Heart line longer than
Head line

Sometimes you may find a heartline longer than the headline as in Figure B. In this case, the natural inclination to express oneself freely is inhibited by the preoccupations reflected by the shorter head.

In the opposite case of the head being longer than the heart, Figure C, the individual may be strongly motivated to pursue a goal, but may lack some of the gentle compassion of an understanding heart. Once the headline has made up its mind and the individual is properly directed towards a particular course of action, then the heart is free to spontaneously express itself. Like a kite caught in the air of inspiration it still needs someone to take hold of the string so it can soar freely.

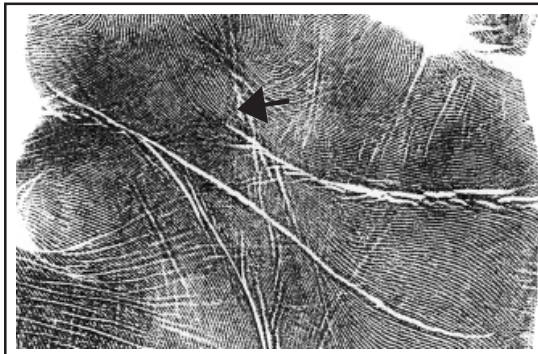


Figure C

Head line longer than
Heart line

In either case, relationships may be difficult. Though the person may attract a partner with a balanced hand, the heart/head imbalance still has to be resolved.

The Search of Balance

In most relationships, we draw to us partners who can help fill in the missing ingredients in ourselves. But until we consciously balance these elements, before we seek them out others, we will often work out of a feeling of imbalance and disappointment.

And true heartfelt love, will continue to elude us.

The balance between reason and feeling creates a warm climate where we feel good, relaxed, and happy. Then others are irresistibly drawn to that home we have created within ourselves. Such relations nurture inner stability and both partners feel connected and whole, inspired and creative.

The lines of the hands only reflect the thoughts and desires that are stirring within us. Greater harmony in our *shiva* and *shakti* forces, results in a more harmonious formation of the lines of heart and head. We are reminded in the scriptures to, "first seek the kingdom of God within, and then all else shall come unto us, be not of doubtful disposition." We *can* have it all. True love is an irresistible magnet. Once it is developed within, love will naturally follow. ♦