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Book Releases

May/June 2000

Palmist-astrologer

Johanne Riopel is busy translating the French version of "Love in the Palm of Your Hand."

It is to be published by *Les Éditions du Roseau*, Montreal, Quebec.

June 2000

"Destiny in the Palm of Your Hand," a new palmistry book by

Ghanshyam Singh Birla.

Watch for more info on this exciting new release.

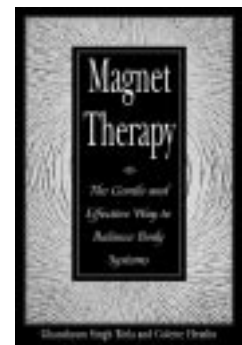
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"Magnet Therapy" Tops the Charts

First printing sold out within 10 days

October 1999 saw the publication of *Magnet Therapy: The Gentle and Effective Way to Balance Body Systems*, a new book by Ghanshyam Singh Birla, director of The Palmistry Center, and Colette Hemlin, senior researcher at Center.

This exciting book explores the science of healing with magnets. It features a detailed explanation of how magnets can heal and practical information of making magnets work for you. Lots of case studies and illustrations show how to apply magnetic therapy for natural and effective healing.



Here is an excerpt from the book, direct from the publisher's website (www.innertraditions.com)

“The complete guide to magnetotherapy — the treatment that promises to revolutionize the 21st-century medicine. Magnet therapy has been used by 100 million people worldwide.

The recent discovery of magnetic receptors in the brain confirms that human beings are strongly influenced by the Earth's magnetic field, and that by subtly altering our own energy fields with magnets we can restore proper balance to our body systems.

Numerous scientific studies show that many cases of stiff neck, unexplained chest pain, and frequent headaches, back pain, as well as insomnia and general fatigue, are actually caused by what is known as Magnetic Deficiency Syndrome, and double blind tests reveal that magnets have brought rapid relief in 90% of the cases.

Magnet Therapy presents the history and science of this fascinating subject, explaining why magnets increase oxygenation in the blood, lower cholesterol and blood pressure, reduce pain, enhance cellular regeneration, and may even inhibit tumor growth.

The authors detail methods for treating symptoms ranging from asthma to toothache and weigh the benefits of magnetic necklaces, magnetic belts, and magnetized water, as well as traditional bipolar magnets. ”



The Healing Power of Magnets

Dear Ghanshyam,

I wish to express my heartfelt thanks to you for your participation and support in the successful healing of my foot. I had given up all hope that it would heal properly by conventional methods and you have helped to reinforce my belief in alternative therapies.

In January of this year, I slipped on the stairs late one evening and fell breaking my fourth toe on the left foot. As an orthopedic nurse I realized that there was not much that could be done but I had torn the skin and was fearful that I had a compound fracture.

My husband took me to the local emergency department. My foot was examined by the doctor and I was told to tape my broken toe to the one next to it and given time it would heal on its own. In about a month's time I started to become concerned because I realized the toe was not connected to my foot. I decided to have the foot x-rayed to find out what was happening. This was not done originally as it was not deemed necessary.

The x-ray showed that the toe was completely separate from the foot with an angled fracture. There was no indication of any healing taking place and the doctor decided to have me seen in a weeks time by an orthopedic surgeon. After consultation I was told the toe was not healing but there was not much they would do at this time. If in two years it had still not healed they would consider pinning and plating the toe. This was not acceptable to me.

I have been diabetic for thirty-four years and the risk of infection following surgery was not an option I was willing to face. Healing would be further compromised by my severe osteoporosis. At forty-three years of age I have developed quite an attachment to my toes and I was not willing to give up yet.

My family doctor, after seeing the x-ray, suggested that I make a splint to prevent the toes from bending and use crutches to take the weight off my foot, to allow it to heal. I would need to do this for at least six weeks for it to be successful.

The fracture was at the base of the toe, and each time I took a step I was refracturing the toe. I made my own cast, rented a pair of crutches,

Ever since the release of "Magnet Therapy," practically everyday we receive letters and emails from readers sharing their experiences with magnetic healing. Here is one person's incredible story of injury and healing through the power of magnets!





*“I went home and
taped the magnets to
my foot as instructed.
As I went to bed I
could feel a concen-
tration of energy
coursing through
my toes.”*

and started on my journey. Weeks passed. I could feel the toe attach and just as I became quite hopeful it would detach again.

This continued for some time. Six weeks had passed, then eight. At about eight weeks I started to experience chest pain. I thought I had damaged the muscles in my chest wall from the use of the crutches. This persisted for a few days and I became concerned because I have had problems in the past with my heart. I had to be hospitalized and it was determined that I had had a mild heart attack. I decided to give up the crutches. I didn't want to risk missing another heart complication and I was afraid. I was doing everything I could, to no avail. It was time to let things go. I would face surgery two years from now if it proved necessary. In the meantime, I would continue to be careful of my foot and keep it splinted for a while longer.

It was at this time as I continued my studies in Vedic palmistry that you were able to give me some direction with the use of magnets. Your instructions were very specific and I followed them to the letter.

That night I went home and taped the magnets to my foot as instructed. As I went to bed I could feel a concentration of energy coursing through my toes. Within two days the toe had reattached and I was quite excited but unsure if this would last. I have continued with the magnet therapy, as you instructed, for over six weeks. My toe has reattached itself and gets stronger each day. I wear the magnets each night until the pain is so intense that I have to take them off but I realize this is part of the healing process and will endure. I no longer splint the foot and am able to walk with only a slight limp but I know that this is only a temporary inconvenience.

I also use the magnets to treat the rheumatoid arthritis I have developed in my hands. The hands become quite stiff and painful but after a night with the magnets mobility improves and the pain is minimal.

I see and appreciate the love and compassion that you extend to all your clients through your generosity and concern for their well-being and this will bring you the success and gratification you deserve for all your endeavors.

Best Wishes, Love always, *Donna Goode*

Have an interesting story about your own experiences with magnet therapy? Why not share it with us? Write or email us at: mailbox@palmistry.com



Village Lac Dumouchel Awaits You!

New Spa Building Recently Completed



Are you thinking of a vacation, retreat, time in nature, spa getaway, study vacation, family reunion? Look no further. *Village Lac Dumouchel* offers a unique vacation opportunity, whether for a day, a weekend, a month or longer - you can relax, unwind and learn more about yourself.

We are open 12 months a year. The setting is a 300 acre estate of forests and mountains overlooking a fresh water lake, located just north of Montebello in Chénéville, Quebec. Private cottages and rooms are available.



Seasonal Activities

In summer there is swimming, canoeing, badminton. During winter enjoy walks in a beautiful woodland setting or go cross country skiing on our scenic trail. End your day around a cozy fireplace.

Our new health center, under the teepee, by the lake, offers spa treatments with certified Reflexologists, Reiki therapists, and Ayurvedic massage therapists. The spa rooms are very cozy, with new state-of-the-art equipment, including whirlpool and sauna. Come and enjoy the peace of nature and restore your body, mind and spirit.

What is Village Lac Dumouchel?

In 1998 the Palmistry Center created *Village Lac Dumouchel*, a unique resort that offers vacation, health and educational services in the beautiful countryside.

Study in the countryside while you recharge!

Choose from or combine palmistry, astrology, yoga, meditation. Return home refreshed, enlightened, rested by the peace of nature and the stimulation of learning, and the relaxation of body and mind.

Village Lac Dumouchel is the home to the *Vedic Academy of Palmistry and Astrology*, where students from around the world enjoy the benefits of healthy country living while pursuing their studies toward a diploma, or degree in Vedic palmistry and astrology.

For more information visit:
<http://www.lacdumouchel.com>



Palmistry On the Road



Palmist-astrologer Johanne Riopel conducts a workshop near Buckingham, Quebec

Our satellite centers are thriving in Toronto, Sherbrooke, Waterloo, Victoriaville.

In this fast paced world we live in, people appreciate the insights that can help improve our life and relationships. At our centers, inquire about our counseling, massage and reflexology services.

Besides personal consultations, there is a growing interest for learning palmistry and astrology. These classes are available at all our centers. If you have a group we can send one of our teachers in your area.

Lastly, there is a correspondence course in palmistry which is in the process of completion. Watch for it, and let us know if you are interested in participating in this exciting new program.



Take a number please!
Lots of people lined up to get their hands read during the book tour!

Spring & Summer 99' Book Tours A Big Success

In February 99, the Palmistry Center's director, Ghanshyam Birla, launched his book tour with signings and lectures in the *Chapters* and *Indigo* bookstores in Toronto and Montreal. The American tour began in Burlington, Vermont, and took him across the US visiting San Francisco, Hawaii, Baltimore, Washington, Raleigh, Fort Lauderdale, Miami, Boulder, Denver, New York, Atlanta, and Newark.

Ghanshyam's books received an enthusiastic response from the media, and a great deal of interest for palmistry and magnets was generated as a result of his many radio, TV and Internet interviews. Ghanshyam was a guest on *The Jim Downey Show* in San Francisco, *The Tributaries* in Boulder, *Warriors in Flight* in Hawaii, *From the Heart* in San Jose, and was featured on a live chat on *WebMD*, to mention a few.

He also received a great response from the press and was featured in a number of magazines, including: *Cosmopolitan*, *Modern Woman*, *Seven Days*, and *Insight*.



Want to show us your hands?
Volunteers from the audience offer to share their hands at a book signing!



The Year 2000 Book Tour

If your area is not listed and you would like to have us visit your city, call us and we may be able to organize a local book signing.

To book a private consultation with Ghanshyam Birla on his tour, please contact us at 1-800-307-2292.

If you would like to know more about the Year 2000 book tour and media appearances, visit: <http://www.palmistry.com/events.html>

In January 2000, Sedona, Arizona, will host the *American Council of Vedic Astrologers (ACVA)*. The conference will take place from January 27 to February 1 and the Palmistry Center will have a booth.

Ghanshyam is a member of the Council's faculty and gave a lecture for ACVA in Hawaii last March. He will be lecturing once again this year, promoting his next book, *Destiny in the Palm of Your Hand*, with a lecture entitled *Introduction to Vedic Palmistry*. Ghanshyam will also give a lecture entitled *Polarity, Palmistry and Interpersonal Relationships*.

The Palmistry Center will also have a booth at the *Natural Health, Aromatherapy and Herbs Conference* held in Scottsdale, Arizona, February 25-27. Throughout the conference, Ghanshyam is scheduled to give a series of lectures explaining the Eastern approach to various subjects such as hand analysis, hand writing, healing effect of gems stones, and body language.

Ghanshyam is also scheduled for many lectures and book signings at *Barnes & Noble* and *Borders* bookstores in cities throughout Arizona, including Chandler, Scottsdale, Mesa, and Tucson. He will be lecturing at *Whole Life Expos* in Ft. Lauderdale, March 31 and April 1,2 and Boston, April 28-30.

Ghanshyam will also be giving workshops and having appointments in Toronto and Kitchener, Ontario, from March 16 to 20, 2000 and Hamilton, Ontario tentatively scheduled for April.

On-Line Palmistry Archives Coming!

We will soon launch a Palmistry Archives link on our website, for those who want to learn more about palmistry, read excerpts from our books, browse through our full course program, and read this and previous newsletters.

All these files will be available on the PDF (portable document), file format, making it easy to read and print out personal copies of our literature. Look for it in the coming few months, and tell us what you think! ♦

Please keep up to date on the Center's activities and events via our website: www.palmistry.com